



## OUR MISSION

*BINA provides a comprehensive therapeutic and recreational environment utilizing Equine-Assisted Services and therapies, educational programs and creative and complementary therapies for children and adults with physical, developmental and emotional challenges.*

*BINA Farm Center brings together individuals with and without special needs by offering a variety of inclusive enrichment programs that help them to both thrive personally and make their best contribution towards the communities in which they live.*

## TEAM MEMBER HIGHLIGHTS

### PROMOTED!



Lauren

Lauren has been promoted to Operations & Development Manager



Eleanor

Eleanor is our new Volunteer Coordinator & Instructor

# BINA Bulletin

Spring 2024



Dear BINA Community,

Happy Spring (audible chuckle)! As I removed the snow from the crocuses on the farm, I reflected on the sunnier and drier days ahead...

Due to popular demand, we have increased vacation programs to include a 2-day offering of our inclusive riding program, Horsing Around. One session during April school vacation week and another at the end of the school year, June 20 & 21. In addition, our PATH Intl. certified Equine Services and Mental Health and Learning (ESMHL) staff is growing which will allow us to offer more group-based Equine-Assisted Learning programs. We look forward to seeing the increased number of smiling faces enjoying the farm.

Please take a few minutes to view our NEW website, [www.binafarm.org](http://www.binafarm.org). This site offers a wealth of information about our programs and equine partners, how to get involved and ways to support our inclusive mission. A special thank you to all of the contributors; Gordon University Marketing Intern Daria who started the foundational work and Board Members Lynn, Hannah, and Coryn. Additional work was done by Chris and Lauren.

I am thrilled to announce the promotion of Lauren Hudnall who is now our Operations and Development Manager. Many of you know her in her former role as Volunteer Coordinator and are already aware of the wealth of knowledge she has at BINA; however, we are all excited for her new position because her dedication to our mission is impressive. Do not hesitate to ask her to sing a tune when she walks by you, as her theatrical abilities are equally impressive!

I had the pleasure of joining Gene Beresin, Executive Director and Khadijah Booth Watkins, Associate Director of The Clay Center for Young Healthy Minds at Massachusetts General Hospital on their Shrinking It Down: Mental Health Made Simple podcast, featuring "Equine Therapy. How Does It Work?" To listen in, please visit <https://www.mghclaycenter.org/multimedia/equine-therapy-how-does-it-work/>. This podcast is also available on Apple Podcasts.

Please mark Saturday, November 16 on your calendars for our Horsing Around at the Mandarin black tie gala. This year's theme is the celebration of 15 years of inclusively bringing people together of all ages with and without physical, developmental, cognitive, and mental health challenges in an environment that supports participants to thrive personally and within their communities. We cannot wait to share with you the stories of BINA's evolution over the years and the many participants and volunteers who have touched our lives.

With gratitude,  
*Janice Gilman*  
Executive Director

## JUNE TWO - DAY PROGRAM ADDED!

Horsing Around  
Ages 6-14  
WEDNESDAY, JUNE 20  
THURSDAY, JUNE 21  
9am-12pm

REGISTER TODAY

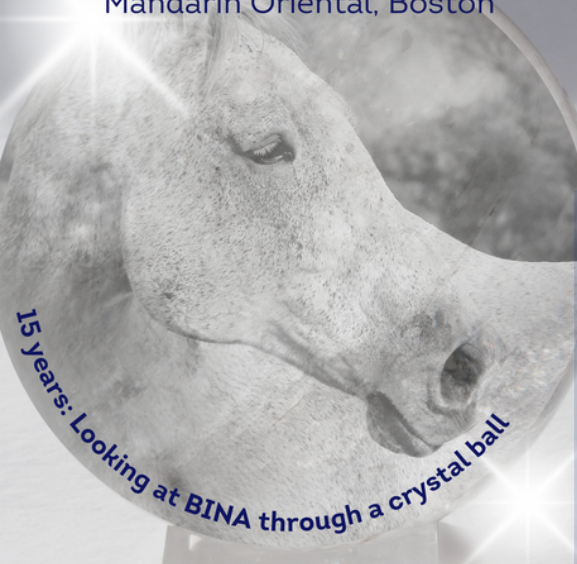
TO REGISTER, PLEASE CHECK OUT THE VACATION PROGRAMS TAB ON OUR WEBSITE, EMAIL [INFO@BINAFAARM.ORG](mailto:INFO@BINAFAARM.ORG) or CALL US AT 781-862-5020

The Horsing Around program is open to all abilities and skill levels, and designed for those that would like to get in the saddle! Participants will take part in group horseback riding and horsemanship classes daily, as well as other activities such as arts & crafts and games.

# Save the Date

**HORSING AROUND AT THE MANDARIN**

Saturday, November 16, 2024  
Mandarin Oriental, Boston



*Support  
Our  
Fundraising  
Auction*

Contact Us  
to donate  
or join our  
Gala Committee

horsingaround  
@binafarm.org

781-862-5020

## DO YOU OR ANYONE YOU MAY KNOW...

*Have miles or airline vouchers?*

*Own a Vacation Home?*

*Have a Favorite Restaurant? Beauty Salon? Golf Club?*

*Have season tickets for a New England Sport team?*

*Another fun excursion our gala guests may enjoy?*

Donate your item or experience to our gala auction to support our mission of Bringing People Together With and Without Special Needs through Therapeutic, Clinical, Educational and Recreational Programs.

Funds raised from this event benefit every individual and equine partner in our community.

## NEW TEAM MEMBERS



Priscilla

Recreational Riding Instructor



Melinda

Recreational Riding Instructor



Tindra

Equine Partner

## 2024 SUMMER FOUR-DAY PROGRAMS

**REGISTER TODAY**

**BINA Buddies**

**Ages 6-12**

**Monday-Thursday**

**9am-12pm**

**JULY 8 - 11**

**JULY 15 - 18**

**JULY 22 - 25**

**JULY 29 - AUGUST 1**

**Horsing Around**

**Ages 6-14**

**Monday-Thursday**

**9am-1pm**

**JULY 8 - 11**

**JULY 15 - 18**

**JULY 22 - 25**

**JULY 29 - AUGUST 1**

**AUGUST 5 - 8**

TO REGISTER, PLEASE CHECK OUT THE VACATION PROGRAMS TAB ON OUR WEBSITE,  
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## VOLUNTEER THIS SUMMER

**FOR FREE GROUP LESSON(S)**

**For every 16 hours of Summer Specialty Program volunteer time, EARN A FREE HORSEBACK RIDING LESSON\* with one of our licensed riding instructors!**

**Volunteer shifts run parallel to summer program sessions. Please see above for general dates and times.**

\*Lesson will be in a group setting at a time set by BINA Farm Center. Some restrictions apply, initial orientations and training required to volunteer. Must be 14+ and able to volunteer independently.



BRINGING PEOPLE  
TOGETHER SINCE 2009

BINA Farm Center 55 Allen Street, Lexington, MA 02421 (781) 862-5020